Source 1

-Title: How Fears and Phobias Change as We Age
- Website:
https://www.healthcentral.com/article/how-fears-and-phobias-change-as-we-age
-Citation:
How fears and phobias change as we age. (2016, May 20). HealthCentral. Retrieved November 3, 2025

From https://www.healthcentral.com/article/how-fears-and-phobias-change-as-we-age

Source 2

-Title: Aging-Related Fears
- Website: https://pmc.ncbi.nlm.nih.gov/articles/PMC8607224/
- Citation:
Rupprecht, F. S., Martin, K., & Lang, F. R. (2021). Aging-related fears and their associations with ideal life expectancy. *European Journal of Ageing, 19*(3), 587-597. https://doi.org/10.1007/s10433-021-00661-3

Source 3

-Title: How Fears Change As We Age
- Website:
https://www.marlenebumgarner.com/2019/10/how-fears-change-as-we-age/
-Citation:
Bumgarner, M. (2019, October 7). *How fears change as we age.*
https://www.marlenebumgarner.com/2019/10/how-fears-change-as-we-age/

Source 4

-Title: Age Group and Gender Differences in Fears of Aging
- Website: https://rdw.rowan.edu/etd/940/
- Citation:
Tomlin, V. C. (2006). *Age group and gender differences in fears of aging* (Master's thesis). Rowan University. https://rdw.rowan.edu/etd/940/